

WHY DO YOU NEED A PRIMARY CARE PHYSICIAN (PCP)?

Get better care:

PCPs know you and your medical history. They provide wellness checkups and help you take care of yourself to prevent bigger problems in the future. They can refer you to specialists when needed.

Save time:

If you are an established patient, most PCPs offer walk-in hours or can get you an appointment quickly if you feel sick. No waiting in line in the ER or urgent care clinic.

Many conditions do not need a specialist. PCPs can do a lot of minor procedures in-office so you don't have to visit multiple doctors.

Many PCPs treat people of all ages. The whole family could be cared for at the same office.

Save money:

Regular office visits usually have a much lower co-pay than urgent care or ER.

Yearly wellness visits are required by law to be covered with no copay for people with insurance. Take advantage!

Visit our website:

View our list of Battle Creek area PCPs, ages they serve, what insurances they accept, and more.

Know your rights:

Title VI of the Civil Rights Act mandates that interpreter services be provided for patients with limited English proficiency.

You are also entitled to other rights, like keeping your health information private, being treated with respect, and having informed consent about any treatments you receive.

We can help:

Visit our office or make an appointment to get help with:

- finding a doctor
- making an appointment
- figuring out your insurance coverage
- applying for insurance coverage
- understanding your medical bills
 - for example, ambulance charges are separate from doctor charges
- filling out forms
- advocating for your rights



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DO YOU HAVE A PRIMARY CARE PHYSICIAN?

WHY IT'S
IMPORTANT THAT
YOUR ANSWER IS
YES!



A COMMUNITY RESOURCE FROM
THE BURMA CENTER

WHEN TO USE YOUR PRIMARY CARE PHYSICIAN

FIRST POINT OF CONTACT



- Wellness visits (yearly checkups)
- Physicals (school, work, etc.)
- Sick visits
- Referrals to specialists
- Immunizations and vaccinations
- Management of chronic conditions like diabetes, high blood pressure, or depression
- Obstetrics and gynecology (OB/GYN) services
- Family Planning
- Medication refills
- Minor procedures

WHEN TO USE URGENT CARE

PCP'S OFFICE IS CLOSED NOT LIFE-THREATENING

- Minor cuts needing stitches
- Moderate flu-like symptoms
- Minor sprains
- Mild Fever



- Mild/moderate chest or abdominal pain
- Dehydration
- Sore throat, earache
- Mild to moderate breathing difficulty
- Vomiting, diarrhea
- Urinary Tract Infection (UTI)

WHEN TO USE THE EMERGENCY ROOM

CONDITIONS NEEDING IMMEDIATE ATTENTION

- Accidents, severe physical trauma, broken bones
- Severe allergic reaction
- Severe chest/abdominal pain
- Severe difficulty breathing
- Seizures, fainting
- Feeling weakness/numbness
- Vaginal bleeding w/ pregnancy
- Heart attack or stroke symptoms
- Uncontrolled bleeding
- Suicidal thoughts/feelings
- Poisoning

