

ZEI RUANG AH DAH PRIMARY CARE PHYSICIAN (PCP) NGEIH NA HERH?

Zohkhenh ning a tha deuh:

PCP pawl nih nangmah le na medical history an theih deuh. Cun, kumkhat voikhat checkup tuah le mah le mah i zohkhenh ning daan te hna cawnpiknak an tuah. Specialist sin kal na herh ahcun anmah nih specialist a tha ti in an hmuh mi sinah an in thluai lai.

Caan na save deuh:

An sinah aa piah tawn mi na si ahcun, PCP tam deuh nih cun appointment lak cia lo in walk-in zong an cohlan i an sinah appointment lak zong a fawi deuh. ER le urgent care bantuk in caan saupi hngah na hau lai lo.

Damlonak phun tam pi cu specialist ton hau mi an si lo. PCP pawl nih minor procedure pawl an siizung ah an tuah khawh hna ii siibawi dang va ton na hau lai lo.

PCP tam deuh nih cun kum hi zazit an zoh ti an ngei lo caah hmunkhat te ah innchungkhar dih lak zoh khawh an si.

Phaisa na khon kho deuh:

Urgent care le ER na kal mi nakin, nangmah na siibawi sin na kal mi i copay na liam dingmi man a tlawm deuh. Insurance a ngei mi caah cun kumkhat voikhat checkup tuah mi cu co-pay liam lo ding ti in biakhiah asi. Cucaah hmang hrim ding asi!

Kan website ah kal law:

Battle Creek ummi PCP min cazin, kum an zohmi hna le zeibantuk insurance dah an lak timi le a dang theih herh mi pawl zoh khawh an si.

Nawl/Rights na ngeihmi theihnak:

Title VI of the Civil Rights Act nih biakhiahnak pakhat an ngeih mi ah siizung aa piahmi holh thiam lo mi an si ahcun, holh lett (interpreter) pek hrim hrim ding ti asi.

A hlei in, na ngandamnak kong vialte private in chiah nak nawl na ngei, cun upatnak he zohkhenh ding, cun nangmah nih na lungtlinnak nawl na pek hlan chung cu nangmah ca ti in treatment an tuahmi cu pek nak nawl an ngei lo.

Kan in Bawmh Khawhmi Pawl:

Kan zung ah rat silo le appointment lak in bawmh khawh mi pawl:

- siibawi kawl
- appointment tuah/lak
- insurance nih a liam mi kong tuaktan pi
- insurance sawk bawmh
- siizung na piahnak bill kong chimh/cawn piak
 - tahchunhnak ah, siibawi he tonmi man relh chih lo in a hlei in ambulance man liam ding a um mi tibantuk
- form phit piak
- Rights na ngeih mi pawl dirkamh



765 Upton Ave.
Springfield, MI 49037
269-441-1131
www.burmacenterusa.org
office@burmacenterusa.org

PRIMARY CARE PHYSICIAN NA NGEI MAW?

ZEI RUANG AH
DAH YES KA NGEI
TI HERHNAK!



A COMMUNITY RESOURCE FROM
THE BURMA CENTER

PRIMARY CARE PHYSICIAN SIN KAL HERH TIK CAAN

TON HMASA DINGMI



- Kum khat voikhat checkup tuah
- Physicals (sianginn lei le riantuannak lei in an herh tawnmi)
- Damlo ruang i siibawi he ton
- Specialists sin ah thluai
- Kakuaisii chunh le zawtnak a dang dang caah sii chunh
- Thi thlum, thi kai, le lungthin zawtnak tibantuk zohkhenh piak
- Nu lei ngandamnak kong zohnak, nau ngeih lo nak le ngeih duhmi ca timhlahm piak (OB/GYN)
- Innchungkhar ser duh mi le duh lo mi ca bawmhnak
- Sii dinmi refill tuah
- Minor (a hmemi) procedures tuah

URGENT CARE AH KAL HERH TIK CAAN

NA PCP SIIZUNG AN KHAR CAAN LE NA NUNNAK A TTHIH LO MI ASI

- A hmemi taksa at sual mi (minor cuts) asi na in tthit a haumi
- Cumpit tlangrai zawtnak ngeih tik
- Kut le ke i cangh sual
- Taksat/taksa linh



- Ttang fah le paw fah (a fak tuk lo mi, tuar-in khawhmi)
- Ti hal/hrawm car in um
- Awr/hrawm fah, hnakhaw lei fah
- Thawhchuah i harh (tuar-in khawhmi)
- Luakchuah, chungtlik in um
- Urinary Tract Infection (UTI) zuun chuahnak lei damlonak

EMERGENCY ROOM AH KAL HERH TIK CAAN

ZOHKHENH HERH COLHMI PAWL, NUNNAK A TTHIH MI

- Accident ton ruangah fak tuk in i khawn/suk, ruh khiah tibantuk
- Allergic reaction a zual ngai mi
- Tuar-in khawh lo mi ttang fah le paw fah, a zual khun mi
- Thawchuah i harh, thawphih in um
- Hnu-dawh, lungmit in um
- Tha ngeih lo, tak a hit
- Nau paw mi an nau inn lei in thichuah
- Heart attack le stroke
- Thi pit lo in tampi chuah
- Mah le mah thah duhnak ruahnak ngeih
- Poisoning (sivai)

