

BANG HANG (PCP-PRIMARY CARE PHYSICIAN) A KICI, NANG ONG VEEL DING NGIAT SIAVUAN KISAM NA HI HIAM?

Hoih tak kiveel sak thei zaw:

Na PCP ten nang leh na pumpi cidam na ong tel pen hi. Amau na cidamna ong encian leh mai lam ah natna lianpi na ngah na ding pan, nang leh nang kikep kholh theih na ding ong huh thei hi. A kisap leh specialist te kiang ong puak sawn thei uh hi.

Hun bei phatuam:

Na kilah khit nak leh, atamzaw PCPs ten walk-in hour kingah sak or nadam keh a manlang aa appointment ong pia thei hi. ER te leh Urgent care sikhana te ah ngakngak kul-lo hi.

Natna tuamtuam pawlkhat pen specialist kisam lo hi. Siavuan tuamtuam te kiang na pai kul lo aa, PCPs ten athupi lua lo te ong bawl thei pah uh hi.

PCPs atamzaw in naupang pan ahaampen dong veel leh bawl uh hi. Innkuan bup in munkhat ah kilak gai thei hi.

Sum bei phatuam:

Urgent care leh ER te sang in pongman kilah PCP sikhana ah co-pay tawm zaw den hi.

Kum sim kiveel ding pen thukhun tungtawn aa kisam hi aa, insurance nei te in co-pay piak kul lo hi. Hih hamphatna na la in

Website ah ong hawh in:

Battle Creek sungaa PCPs te ki en thei hi, bang kum teng veel uh a, bang insurance te sang uh leh adang tuamtuam te zong ki en thei hi.

Na thuneihna thei in:

Title VI of the Civil Rights Act in zato kilah the mangkam/manglai siam lo te aa ding kamphen a om hamtang ding thupia hi.

Adang thuneihna zong na nei hi, na pumpi cidamna tawh kisai thu te kikep cing ding, thupi sim leh zahtakna tawh ong ki veel ding, na pumpi tungah ong bawl ding te pen nang thukim masak na a hih kul te.

Ong huh thei hi ung:

Anuai aa teng huhna na kisap leh office ah ong pai in or appointment na bawl in:

- Siavuan/siamah zon ding tawh kisai
- Appointment lak -na
- Na insurance in bang teng cover cih kantelna
- Insurance siauhna
- Na zato bills te telcianna
 - Gentehna: zato mawtaw tuan man cih te leh kilah man a tuam aa ong lak dan.
- Form phih na
- Na thuneihna tawh kisai thu te



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NANG ONG VEEL DING NGIAT SIAVUAN NA NEI HIAM?

BANG HANG NA NEIH DING THUPI HIAM!



A COMMUNITY RESOURCE FROM THE BURMA CENTER

BANG HUN TE-AH NA SIAVUAN TAWH KIMU DING

KIZOP MASAK DING TE AH



- Pumpi dam nan'ng ki veelna (kum khat khat vei ki veel te)
- Pumpi damna tawh kisai (Sang vai, nasep vai leh a tuamtuam tawh veel kul te)
- Cinat teh kilah na
- Specialist te tawh ong kizop sak na
- Natna daal nang zatui kisutna
- Dam siang thei lo natna te pan ki khoi zia, gentehna sikhum/zunkhum, sikhang natna leh lungkiatna
- Numei naupaai te dam na'ng tawh kisai (OB/GYN)
- Innkuan aa ding cidam nan'g geelkhohna
- Zatui/zatang bei teh nget kik nate
- A nasialua lo kibawlna te

BANG HUN TEH URGENT CARE ZUAN DING?

NA PCP'S TEN ZUM A KHAK UH TEH

- Lauhuai lua lo ki-at khak na pan khui a kul ding te
- A nasia lua lo bukkhuh/nasi neih na te
- Khut leh khe hek sak khak na te
- A nasia lua lo cisa te



- Awm-na leh pongman lo pumpi tung natna te
- Tui kisam aa pumpi sung keu na
- Gawltaak na leh bil natna
- Huihdiik haksat tektek na
- Luak na leh sungpai na
- Zunthak dan nop loh na

BANG HUN TEH EMERGENCY SIKHAN PAI DING

KI BAWLPAH A KUL TE

- Accidents, pumpi liamna, guh kitan na
- Na khat peuhpeuh tawh ki lem loh na (Allergic)
- Awm nat mahmah na
- Huihdiik haksat mahmah na
- Lungsime man nawn lo leh thazawm na
- Pumpi thazawm leh hiikna
- Naumei te' van pan siluan na
- Lungtang natna leh lungsime man loh na
- Si luan na pan khawl thei lo
- Kithah tawm ding ngaihsutna leh utna
- Gu lut na

